

King's Trust Curriculum Map: Year 10



The aim of the unit is to enable learners to consider the needs of their community and how the community can be supported. Learners will plan and carry out a project to support a chosen community through direct or indirect support.

AUTUMN TERM

SPRING TERM

Preparing for the world of work

Community Impact Project

1. Understand the needs of their wider community and how they can be met
2. Be able to plan and take part in a community project
3. Be able to review the community project



The aim of the unit is for the learner to start to prepare for the world. It is an opportunity to explore different ways of working, legal considerations and rights in the workplace and what the learner might expect from the world or work. It is also an opportunity to consider suitable employment for the future.

SUMMER TERM

1. Understand how physical activity can support emotional and physical wellness
2. Be able to plan for physical activities
3. Be able to participate in physical activities
4. Review participation in physical activity

1. Understand the value of work
2. Understand the world of work
3. Understand the knowledge, skills and attributes that are valued in the workplace



This unit enables learners to explore and understand the benefits of being physically active as part of a healthy lifestyle. Learners will take part in physical activities and be encouraged to think about introducing high levels of physical activity into their own lives.

Well-Being Physical