

PSHE Curriculum Map: Year 7

The skills we will focus on are:

- Expressing likes
- Discussing dislikes
- Sharing future goals

Students will look at the range and complexity of emotions. Students will explore and investigate calming activities.

AUTUMN TERM



All About Me

Transitioning to secondary school

Students will participate in getting to know each other tasks and games. Working together and settling into new routines.

Students will learn about the life of Rosa Parks and how this influenced the Bristol Bus Boycotts

Black History Month



Anti-Bullying Week



Emotions



SPRING TERM

Accidents & Risk



Road Safety

Children's Mental Health Week



Autism Awareness Month

First Aid



We will learn basic first aid including:

- Cuts & bandages
- Nose Bleeds
- Seizures
- Recovery Position
- Dialling 999
- CPR

We will explore different aspects of keeping ourselves safe including:

- Safety in the home
- Identifying risk
- Who can we ask for help?
- Medicines (legal drugs)
- Childline



SUMMER TERM

Relationships & Sex Education (RSE)



RSE In year 7 topics are:

- Puberty
- Menstrual Wellbeing
- Public & Private
- Body Autonomy



Pride



We will explore different stereotypes and how these affect the way we think. What is diversity and the nine protected characteristics?

Stereotypes & Diversity



Business Lessons:

- What is an entrepreneur?
- Create a product
- Market a product
- Selling my product

