

King's Trust Curriculum Map: Year 8

1. State what being resilient means to you
2. Identify the characteristics of being resilient
3. Identify a positive and negative emotion
4. Outline how an emotion affects your resilience

Stem On Track

Students immerse themselves in their own hands-on learning journey, each week constructing an element of a go-kart; using practical skills in a real-world setting.



AUTUMN TERM



Resilience & Emotions

The aim of this unit is for learners to experience an appropriate challenge which enables them to explore their personal resilience and observe how their emotions are affected. The learner will increase their resilience by trying a helpful habit to develop their ability to cope with the challenge.

1. State a challenge in your future
2. Identify a personal strength that makes you resilient
3. Identify a helpful habit you will use in the future

SPRING TERM

Resilience Challenge



Stem On Track

Improve Resilience

Students create a learning group learning log and complete an individual online study programme. On completion of the karts, there is the opportunity to compete against other participants.

1. Identify a positive experience which will help you feel resilient
2. Identify a helpful habit you used to help you improve your resilience



1. Participate in an activity which challenges you
2. State how your emotions changed in the activity

Future Resilience

SUMMER TERM

