## PSHE Curriculum Map: Year 8



Students will explore different aspects of social media:



- The positives
- The negatives
- The impact on body image and wellbeing.

Social Media

**Prejudice and Diversity** 

Recap the 9 protected characteristics in law

• What are our rights and responsibilities

Look at current examples of discrimination

AUTUMN TERM

**Conflict Resolution** 

Students will begin to explore the skills needed to deal with conflict

conflict.

Students will continue to be introduced to pioneers in history who created change in the UK

The skills they will focus on are:

Black History Month



Anti-Bullying Week



SPRING TERM

International Women's Day



Children's Mental Health Week

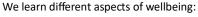


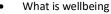
Positive Futures looks at different aspects of working towards independence and next steps:

- What is work life balance
- Importance of sleep
- Setting goals



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- Resilience
- Mental Health
- How we access support

Wellbeing



**Positive Futures** 



SUMMER TERM

Relationships & Sex Education (RSE)



Pride

We will explore different aspects of friendships including:

- Positive and negative influences
- Maintaining friendships
- Online friendships
- Peer pressure
- Understanding and recognising disability discrimination



RSE In year 8 topics are:

- Puberty & Hygiene
- Positive & negative relationships
- Introduction to consent



Students will look at what Pride is, how it began and explore terminology such as homophobia and intolerance.



Friendships